

The Universal Laws

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The Law of Attraction

The Law of Attraction states that we attract to ourselves whatever we place our attention, focus and energy on, **whether wanted or unwanted**.



We become a magnet for whatever we pay attention to - for whatever we put our focus on - negative or positive.

Just as a magnet does, each one of us emits vibrations of either high (positive) frequencies or low (negative) frequencies. The feelings and thoughts we have send out vibrations thru the atmosphere and these vibrations then attract whatever it is out there that is at the same frequency. These vibrations attract to ourselves like frequencies. High frequencies attract high frequencies. Low frequencies attract low frequencies.



The Law of Attraction is the most fundamental of all the Universal Laws. The **LOA** profoundly affects our lives whether we realize it or not. It is a natural law just as the Law of Gravity is. It is always working, whether you are aware of it or not.

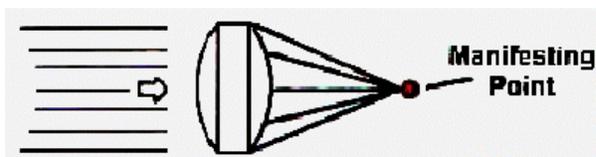
The Law of Attraction responds **ONLY** to how you are vibrating magnetically. So, the inner congruency of our desire and focus is a must. Positive thinking and affirmations often fail because this inner congruency is lacking. We say one thing but our we give our energy, attention and feelings to something else. We attract to ourselves whatever we choose to give our attention to, **whether wanted or unwanted**.

The Universe doesn't decide whether something is good for us or not. It simply responds to our energy by giving us more of what we are vibrating - whether wanted or unwanted.

The Law of Deliberate Creation

Whether we are aware of it or not, we attract to ourselves whatever we give our attention to, whatever our inner beliefs and feelings are focused on. Therefore, since the Law of Attraction is constantly in operation, with knowledge of the **LOA**, you can:

- Create Prosperity & Abundance
- Experience ongoing peace & joy
- Attract your ideal relationships
- Create and maintain good health & well-being
- Attract the opportunities you want
- Live the life of your dreams
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The Formula for Deliberate Creation is:

- (1) Identify what it is that you want
- (2) Raise your mood, feeling and vibration to a High Frequency
- (3) Allow it to happen – remove doubt

The speed at which the Law of Deliberate Creation manifests your desires is in direct proportion to how much you are allowing.

The Law of Abundance

The Law of Abundance is a fundamental Universal Law that there is enough and it is infinite.

The Law of Abundance states that there is more than enough out there for everyone. This is because we live in a world of abundance where we have access to all the resources that we could ever need or wish for. We live in a universe that is a place of abundance. Just look around and see the abundance that surrounds us.

Abundance does not mean mere accumulation of material wealth. Happiness, peace of mind and harmony in life are an integral part of this universal abundance. The Law of Abundance states that true abundance comes into a person's life only when he or she facilitates its free flow from and through him or herself.

You can block the flow and you may accumulate wealth. But there is no guarantee that the wealth you amass will bring you peace and harmony. There is no guarantee that you will enjoy the love and acceptance of others. Selfish accumulation of wealth only generates negative consequences of abundance - its overwhelming capacity to inflict pain and suffering.

This selfishness is the result of a scarcity mindset that everything is limited and that abundance must be hoarded. It has nothing to do with Prosperity and will inevitably lead away from peace, happiness and joy.

Just as an airplane "breaks" the Law of Gravity when it takes off to the skies, we break the Law of Abundance with selfishness, ignorance and a scarcity or poverty mindset.



Prosperity is a state of mind; but more importantly, it is about your feelings and emotions about your life. It is acceptance that the Universe is a place of abundance.

Appreciating life's abundance is one way to opening yourself up to accept more good in your life. When you fully appreciate what you have in your life, the Universe has a way of giving you more. It's like accepting a compliment, when you accept it graciously, you'll receive more compliments. And the opposite happens too.

Understand the Law of Abundance thinking and then be committed and dedicated each day to do what's necessary to attract abundance and let go of negative thinking. Remember "like attracts like" and do some serious thought monitoring!



Sure all of us can feel totally justified at times, to feel angry, feel the victim, feel unworthy, resentful, etc. etc. Much of our predisposition to this way of thinking can be directly traced to our childhood, tapes, old belief systems and societal "norms". But does negative thinking actually improve our situation, our life, our relationships, our work?

No! Perhaps for a moment or two, we feel justified in our anger or depression, but in the big picture it stops things from improving and actually makes things worse. We turn away from positive, abundance thinking and embrace negativity with dire consequences; we feel bad, we look sad, we literally close ourselves off from others and opportunities.

Do yourself a favour! Take responsibility for your thoughts. Control negative thinking!

Negative thinking can act as a energy barrier, actually impeding the flow of abundance. After all abundance is just energy. Not forgiving, judging, being re sentful, being stuck in the past, self-critical thinking, being angry, depressed, playing the victim are all signs that negative energy is present.

Clearing out negative thinking creates an opening for abundance to flow to you. Make a conscious decision each day to maintain a positive, accepting, loving and kind attitude in life. Realize any desire. Any dream is possible! There is infinite diversity and abundance! Remember, your thoughts create your emotions and your world!

Expressing gratitude is a fundamental law to abundance thinking. We must be in tune with this and be continually grateful for the many blessings in our life. Make it a habit to take stock, daily, of the many gifts and blessings you have and give thanks to God and the Universe.

We already have what we need. Food, shelter, clothes, friends, family, community, nature, animals, interesting things to do, entertainment. When we focus on what we do have, it puts us into a totally different mind set and leaves the path open to attracting more. Unfortunately, many of us focus on the things we don't have and take what we do have for granted.