



Chapter Nine



The *Law of Attraction* Needs No Practice

There are three powerful *Universal Laws* that are of value for you to understand if you wish to guide your life deliberately, and the *Law of Allowing* is the last of these. It would seem logical that we would talk of the first *Law*, then the second and finally the third—and we have done exactly that in previous books. We are, however, emphasizing this third important *Law* because it is really the *Law* that you have come here, in this time and space, intending to master. This is the *Law* that you must practice if you are to become the Deliberate Creator that you came forth to be. The first *Law*, the *Law of Attraction*, is not something that you need to practice or even something that you *can* practice, for it is a *Law* that exists in every particle of the Universe—and it just *is*.

Just as your Earthly law of gravity requires no practice but just consistently responds to all matter in a consistent way, neither does the *Law of Attraction* need practice. You do not have “gravity instructors” teaching how to avoid falling up, because falling up instead of down is not an option—or a problem. And, in like manner, you will not need to practice in order to cause the powerful *Law of Attraction* to respond to you in a consistent way . . . for it will bring things to you that match your vibration, and it will do so even in your ignorance of the *Law*.

The second of these three powerful *Universal Laws* is the *Law of Deliberate Creation*. By *deliberately* directing your attention and thoughts toward the outcome that you desire, you can be or do or have anything that you choose. The application of this powerful *Law* has resulted in the manifestation of this magnificent planet upon which you live, and in everything that you are able to see. And in the same way that the Non-Physical *Source Energy* applied this *Law*—and through powerful focus, created this environment that you call life on planet Earth—you are continuing the process of creation from your physical vantage point.

Living the Law of Allowing

And while these first two *Laws* are of extreme importance and your awareness of them is of great value to you and to *All-That-Is*, your understanding and application of this third *Law*, the *Law of Allowing*, is really where all of your personal power lies.

The *Law of Attraction* says, “The essence of that which is like unto itself, is drawn.” And what that means is: If I feel unappreciated because of circumstances that have recently occurred in my experience, the *Law of Attraction* cannot now surround me with people who appreciate me. That would defy the *Law of Attraction*.

If I feel fat and unhappy about the way my body looks and feels, I cannot discover the process or state of mind that is necessary to achieve a good-feeling, good-looking body. That would defy the *Law of Attraction*.

If I feel discouraged about my financial situation, it cannot improve. Improvement in the face of discouragement would defy the *Law of Attraction*.

If I am angry because people have been taking advantage of me, lying to me, dishonoring me, and even defacing my property, no action that I can take can stop those unpleasant things from happening, for that would defy the *Law of Attraction*.

The *Law of Attraction* simply and accurately reflects back to you in a myriad of ways an accurate response to your vibrational output. In short, whatever is happening to you is a perfect *Vibrational Match* to the current vibration of your Being—and the emotions that are present within you indicate that vibrational state of Being.

Once aware of the powerful *Law of Attraction*, many people make a conscious decision to be more in control of their own thoughts, for they have come to understand the power of focusing thought. People attempt to control and more effectively focus their thoughts through a variety of methods—ranging from hypnosis or an attempt to control unconscious thoughts . . . to meditations, affirmations, and strong methods of mind control.

But there is a much easier way of going about the Deliberate Creation of your own experience and of fulfilling your intention for this joyous life experience, and that is an understanding and application of the *Art of Allowing*. It is the conscious, gentle guiding of your thoughts in the general direction of the things that you desire. And as you come to understand this powerful Stream of Life that we are explaining, and as you get a glimpse of the larger picture of *who-you-really-are*, and, most important, as you become convinced that your true work is to simply realign with *who-you-really-are*, the *Art of Allowing* will become second nature to you.

Go with the Flow of Well-Being

And so we will devote this entire book to assisting you in going with the flow of your natural Well-Being. We will discuss the essence of nearly every conceivable situation that you could find yourself in, and we will offer guidance and suggestions that will cause you to turn and go *with* the natural Current. We will help you consciously rediscover the amazing sensory perception that you were born with that helps you determine the direction of your true path. And it is our expectation that as you read this book and return to your conscious awareness of the amazing power of your emotions, you will become the Allowor of the Well-Being that you are from your broader Non-Physical, *Source Energy* point of view.

The most common misunderstanding that prevents people from getting control of a situation and gaining their personal balance is the belief that *I need to get to where I want to be right now or as quickly as possible*. We certainly understand your desire to find the answers to your questions quickly or to solve your problems as fast as you can, but still, that urge works against you. When you feel an *urgency* to be somewhere else, you are pushing hard against

where you are. That is *upstream*. But an even more important flaw in the premise you are beginning from is this: *In your belief that you must hurry to an improved place, you are discounting the power of the Stream, its speed, its direction, and its promise. And in the forgetting of those things, you are definitely pointed in the opposite direction of who-you-truly-are and all that you have become.*

So now, turn your attention once again to the *upstream/downstream* analogy, and *feel* for a moment the sensation of *relief* that you would experience if you had been paddling against the Current in an *upstream* direction and then suddenly just stopped paddling, in an attitude of giving in to the Stream and letting it just turn you and take you *downstream*. Let this picture soothe you even further as you try now to remember that this Stream is benevolent and wise, and it is actually taking you toward the things that you want. In your mind's eye, lie back in your boat, feel it turn naturally *downstream*, and relax into the idea that this Stream will carry you to your inevitable Well-Being and to a fulfillment of your desires.

You Are Adding Power to the Stream

The following pages of this book have the potential to help you quickly align with everything you have ever wanted. But that alignment will not be likely unless you have taken the time to accept the validity of the analogy of the Stream.

If you can accept that from your Non-Physical vantage point before your physical birth, you had set forth intentions, and those intentions account for part of the momentum of the Stream . . . and that as you are here in this physical body, life causes you to ask for more things, and that those things account for part of the momentum of the Stream . . . and that in all that you have lived, you are constantly shooting vibrational rockets out ahead of you, and that those rockets account for part of the momentum of the Stream . . . and, most of all, if you can accept that your *Inner Being*, the *Source* within you, now stands in vibrational alignment with all of that becoming, and that the *Law of Attraction* is drawing to that furthestmost summoning point . . . *now* you understand the power of this Stream.

So now, before you read further, just lie back for a moment and contemplate this wonderful, powerful Stream of Well-Being, which moves unendingly in the direction of your becoming, and toward the fulfillment of that which is you. . . .

And now you are ready to apply the *upstream/downstream* comparison toward any and all aspects of your own life experience. It is our expectation that you are now ready to personally acknowledge, thought by thought, if you are pointed *upstream* or *downstream*; and whether you are closing the gap between you and You or are holding yourself unnaturally apart.

