

**10 Power-Affirmations
for Becoming LIGHT**
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Published by
yoganandaharmony.com

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*Affirmation 1*

Today I know  
I am the **LIGHT** of Goodness.  
I am a lighthouse for souls  
ship-wrecked on the sea of sorrow.

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Affirmation 2

I am a spark from the Infinite.
I am not flesh and bones.
I am **LIGHT**.

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Affirmation 3

Thy **LIGHT** of goodness
and Thy protective power
are ever shining through me.

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### *Affirmation 4*

I am submerged in His eternal **LIGHT**.  
It permeates every particle of my being.  
I am living in that light,  
for the divine Spirit has filled me  
within and without.

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Affirmation 5

Thou didst wipe away the soot of indifference
which covered my soul,
and it shines with Thy **LIGHT**.
I know now that I am Thy child.

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Affirmation 6

I am dust of **LIGHT**:
I will swim in the stars.
I am a drop of ambrosia:
I will be a sea of nectar.

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### *Affirmation 7*

In the **LIGHT** of Self-realization  
I behold myself as a sphere  
of Infinite Flame.

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Affirmation 8

I am **LIGHT**.
The whole astral cosmos is my body,
in which the Cosmic Consciousness
is glittering and twinkling.

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Affirmation 9

I am the great **LIGHT** shining
in this little flickering lamp
of the body.
I am that great Dynamo.

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### *Affirmation 10*

Mentally visualize lights around your body  
and look into the spiritual eye  
and say several times,  
mentally or loudly:  
I am **LIGHT**.

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